



Chapel of the Sacred Heart of Jesus



Perpetual Eucharistic Adoration of the Willimantic Deanery
5th Anniversary – June 22, 2009

St. Mary Church 1600 Main Street P.O. Box 250
Coventry, CT 06238

Happy 5th Anniversary of Perpetual Eucharistic Adoration

On June 22, 2004, Perpetual Eucharistic Adoration began here at St. Mary Church (Adoration had occurred on a regular basis for about 3 years previously before Perpetual Adoration began. This took place on First Fridays after the 9AM Mass to 9PM with Benediction. Then Adoration occurred twice a month on Fridays.)

In August of 2003, an initial meeting was held here at St. Mary to determine if there was an interest of our parishioners to pursue Perpetual Adoration. A second meeting was held with Ms. Eileen McCarthy, who had helped five other parishes within the Norwich Diocese to organize and institute Perpetual Adoration within their parishes. Meetings began on a monthly basis to learn about Perpetual Adoration, what it entailed and how Perpetual Adoration is structured and the criteria needed to have Perpetual Adoration in our parish. Perpetual Adoration here at St. Mary was to be a regional concept with cooperation from neighboring parishes.

In March, 2004, a date was set to begin Perpetual Adoration. In February and March, appeals for Adorers to sign up took place during each Mass. During the planning meetings that ensued, Section Leaders were selected and the structure and procedures were developed to ensure success.

In May a final planning meeting was held and about 12 open hours existed, but by the end of the meeting the number was reduced to 4.

Since the June 2004 opening, there has been some trying moments, but with the commitment and dedication of all involved from our Priests, Section Leaders, Captains, Adorers and Substitutes, their faith and belief of the Presence of our Lord in the Most Blessed Sacrament, Perpetual Adoration has continued to provide the opportunity for all to visit our Lord in our Chapel 24/7 to develop a stronger personal relationship with Jesus, to experience miracles and pray, honor, and worship Jesus who is Present in the Blessed Sacrament.

As Coordinator of Perpetual Adoration, I wish to recognize all who have played a role to ensure the success of Perpetual Adoration here at St. Mary and to thank all for their cooperation, dedication and assistance to me and who serve in some leadership role or as an Adorer.

We must also give thanks, praise, honor and glory to God, Jesus and the Holy Spirit for giving us Perpetual Adoration here at St. Mary

The What and Why of Perpetual Adoration !



The following testimonies are designed to help those considering becoming an Adorer of the importance of establishing a relationship with Jesus and what Adoration has done for them and its effect on their lives.

It is truly remarkable that it has been 5 years since the adoration room opened at St. Mary's. I thought about signing up for an hour but questioned, "Did I really have the time?" After all what is 1 hour a week in the scope of things? I was afraid to sign up for fear I would be "stuck" with it. Well nothing could be farther from the truth. I cherish my time with the Lord and the hour quickly flies by. I find it hard to believe that I have done this for 5 years. It is a quality hour I can count on to pray, read, learn, talk and listen to what the Lord is saying to me. It begins my day with such love and glory! I have grown so much closer to the Lord by doing this. I cherish the quiet moments that I have with Him. I have no problems getting coverage when I need it. I have never felt that I *had* to be there. It is my choice and I encourage anyone reading this to sign up for an hour. It would enrich your life in ways you can't even imagine. If two people sign up for an hour you could choose to share it. Just do it, and find out what you are missing. I am so blessed that I did.

-- Patty C



When I go into the Adoration Chapel, I make my deepest genuflect and bow my head low, knowing that I am in the Presence – the Real Presence – of our Lord. Then I sit, close my eyes and feel His presence in my heart and throughout my body

and mind. It is different being in the Chapel than any other place I know of. I am at once calm and excited to be with my Lord.

-- Glenn M.



Adoration fills me with a sense of knowledge that I have been called by Jesus to be with Him. When I get to the Chapel and I see the Blessed Sacrament I feel as though Jesus is smiling at me and that He has been waiting for me to get there. We have a date. During our time together, Jesus clarifies so many things that are on my mind. I find that difficult situations that I am dealing with have simple resolutions, with love and tenderness. Scripture passages that I am confused over become understandable with deep meaning for my life and for my Christian walk with Jesus.

One time when I came for my appointed hour, there was a couple from East Hartford who had decided to stop by while they were out for a ride. They were a little distressed because the person that was supposed to have been there for that hour had not arrived so they stayed to keep Jesus company until I arrived. The couple seemed upset until I explained to them, that the adorers for the hour were there, it was them that Jesus had wanted to spend time with that morning. Being an Adorer of the Blessed Sacrament is a true and distinct way of answering the call to spend time with Jesus.

--Debbie G.



I decided to join Eucharistic Adoration after someone did a pulpit talk on what an impact it had on her life. I honestly didn't know what to expect when I first started. At that point in my life, I was struggling with things and didn't know what to do about it. For the first couple weeks, I prayed the Rosary and made an attempt to talk to Jesus, but nothing seemed to change. I always heard that Jesus wants you to open up and tell Him what is bothering you and to offer it up to Him, and He will help you cope with whatever problems you are having. One night, I did just that and kept doing it every week. After a while, I felt a peace in my life. It was in the quiet of the Eucharistic chapel that I felt my relationship with Jesus starting to grow and to understand how much Jesus truly loves me. I still have struggles in my life, but it's an indescribable feeling knowing Jesus is there in the Eucharistic Chapel waiting for me to give me His love and blessings and to let me know everything is going to be fine. If you truly want your life to change, spend on hour a week with Jesus and you will receive blessings you didn't think were possible.

-- John T.

An Hour With Jesus

This hour Jesus wants you to spend with Him is spent any way you want. You may bring your own prayer books, use the books in the Chapel, read the Bible, pray the Rosary, or just sit and relax and enjoy the sweet peace that comes from simply being in the presence of God. You may feel you can't pray well. Don't let this discourage you. The mere fact that you take the time out at a specific time each week to spend an hour with Jesus in the Blessed Sacrament pleases Him very much, and is in itself a prayer of great faith.



Spending time in Eucharistic Adoration over the past years has been a GIFT!

Through the intercession of Mary it has helped me to strengthen my faith, develop a closer relationship with God (Father, Son and the Holy Spirit, explore different ways of praying. I examine my soul and rely on the Holy Spirit to enlighten me and guide me. I know for certain, in the deep recesses of my heart, of God's endless Love and Mercy and to trust in Him in all things. When I am in the Chapel I feel peace in His Presence and have a way to have heaven on earth.

Those who are involved in the hour that I help coordinate have been continually faithful to their hour and some have stated that it is the best hour of their week. Those who have had to leave was due to changing work schedules, moving or illness. They were committed to their hour with Jesus. Thank You God for Your Presence.

-- Jean S.



The Real Presence of Christ in the Eucharist: The Value of Sacrifice

1. Your sacrifice will bring souls to Heaven. Our Lady of Fatima said that there are more souls going to hell because there is no one to pray and make sacrifices for them. The sacrifice you make by spending an hour with Jesus will save many souls from hell and bring many souls to heaven. The love you give to Jesus in this special sacrifice will win pardon and forgiveness for those who do not love Him at all. The value of your sacrifice is expressed in the Reparation Prayer of Fatima: "My God, I believe, I adore, I trust, I hope, and I love thee. I beg pardon for all those who do not believe, do not adore, do not trust, do not hope and do not love Thee."
2. Your sacrifice will convert the world. Our Lady's Peace Plan calls for prayer, penance, and sacrifice. She said that if her requests were met, Russia would be converted, Her Immaculate Heart would triumph, and there would be an everlasting peace on the face of the earth. Through the angel of Fatima, heaven taught us the secret of how to convert the whole world through the great power of Eucharistic Adoration. The angel brought a Sacred Host and taught us this adoration prayer: "O Most Holy Trinity, Father, Son and Holy Spirit, I adore you profoundly, I offer You the Most Precious Body, Blood, Soul, and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. By the Infinite Merits of the Sacred Heart of Jesus and the merits of the Immaculate Heart of Mary, I beg you for the Conversion of the whole world." Perpetual adoration is the perfect fulfillment of all the requests of Our Lady of Fatima for prayer, penance and sacrifice. Your sacrifice will convert the whole world to Christ.

Is there a relative, a friend, a loved one, whom you are deeply concerned about? Put him or her, or all of them, into the Eucharistic Heart of Jesus. Be convinced that Jesus will really help them. Have absolute confidence and trust in the power of His love to bring them back to His Sacred Heart. He promised, "I will reign in every heart, in every home, in every country throughout the entire world. I will reign through the Omnipotent, all-powerful love of My Eucharistic Heart."

Could you not watch one hour with Me?

Matthew 26:40

If you are not yet a committed adorer, I ask that you prayerfully consider becoming one. Give yourself this gift of spending a specific hour each week with our Lord. Everyone has the opportunity to choose an hour each week whether it is in the middle of the day or in the middle of the night. Make a commitment today, try it for 3-4 months. Open your heart to Jesus. Welcome His peace into your life. I guarantee this will be the greatest hour of your week. Don't wait. Call today. Jesus is waiting for you.

YES, I would like to become a committed adorer and spend one specific hour or more each week before the Blessed Sacrament.

Name: _____ **Address:** _____

Town: _____ **Phone Number:** _____ **Parish:** _____

Please encircle the day and check the time you prefer. Someone will get back to you.

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

____ Morning (6AM-11AM) ____ Afternoon (Noon—5PM) ____ Evening (6PM-11MP)

____ Night (Midnight-5AM)

____ I am flexible

____ will also substitute

Mail to St. Mary Church, P.O. Box 250, Coventry, CT 06238

Perpetual Eucharistic Adoration *24 hours-a-day + 7 days-a-week*



Jesus said,

*“Could you not watch
with Me for one hour?”*

Where:

St. Mary Church Adoration Chapel

1600 Main Street, P.O. Box 250

Coventry, CT 06238

To sign up for one hour each week, please call 860-742-0681 or 860-742-1403